

IF YOU BELIEVE...

Jesus said, "I tell you the truth, if you have faith and do not doubt, you can say to this mountain, 'Go, throw yourself into the sea,' and it will be done. If you believe, you will receive whatever you ask for in prayer" (Matthew 21:21-22 NIV).



Scientists "prove the power of prayer"

By Aisling Irwin, *Electronic Telegraph*,
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RESEARCHERS claim to have proved God's healing powers by showing that heart patients who are being prayed for do better than those who are not.

The American study examined the fate of patients attending a coronary care unit in Kansas City, Missouri, over 12 months.

They were enrolled in the trial without their knowledge or that of their doctors. Volunteers from a prayer group, contacted by the hospital chaplain, prayed for those patients whose medical record carried an even number over four weeks.

The 470 patients who were prayed for did significantly better than the 520 who were not, according to the study published in *Archives of Internal Medicine*. The scoring system rated symptoms such as fever and whether patients had antibiotics.

Dr. William Harris, who led the research, claimed his work was as rigorous as many drug trials. "If people are willing to accept the outcome of a drug study, they have to accept this one too," he told *New Scientist*.

THE HOT WATER BOTTLE

By Helen Roseveare

One night in Central Africa, I had worked hard to help a mother in the labor ward; but in spite of all that we could do, she died, leaving us with a tiny, premature baby and a crying, two-year-old daughter.

We would have difficulty keeping the baby alive. We had no incubator. We had no electricity to run an incubator, and no special feeding facilities. Although we lived on the equator, nights were often chilly with treacherous drafts.

A student midwife went for the box we had for such babies and for the cotton wool that the baby would be wrapped in. Another went to stoke up the fire and fill a hot water

Helen Roseveare is from Northern Ireland. This story is from her book *Living Faith*, in which she relates events that took place in the 1950s in what was then the Belgian Congo.

bottle. She came back shortly, in distress, to tell me that in filling the bottle, it had burst. Rubber perishes easily in tropical climates. "And it is our last hot water bottle!" she exclaimed.

As in the West, it is no good crying over spilt milk; so, in Central Africa it might be considered no good crying over a burst water bottle. They do not grow on trees, and there are no drugstores down forest pathways. "All right," I said, "put the baby as near the fire as you safely can. Sleep between the baby and the door to keep it free from drafts. Your job is to keep the baby warm."

The following noon, as I did most days, I went to have prayer with many of the orphanage children who chose to gather with me. I gave the youngsters various suggestions of things to pray about and told them about the tiny baby. I explained our problem about keeping the baby warm enough, mentioning the hot water bottle. The baby could so easily die if it got chilled. I also told them about the two-year-old sister, crying because her mother had died.

During the prayer time, one ten-year-old girl, Ruth, prayed with the usual blunt consciousness of our African children. "Please, God," she prayed, "send us a water bottle. It'll be no good tomorrow, God—the baby'll be dead. So, please send it this afternoon." While I gasped inwardly at the audacity of the prayer, she added by way of corollary, "And while You are about it, would You please send a dolly for the little girl so she'll know You really love her?"

As often with children's prayers, I was put on the spot. Could I honestly say, "Amen"? I just did not believe that God could do this. Oh, yes, I know that He can do everything: The Bible says so, but there are limits, aren't there? The only way God could answer this particular prayer would be by sending a parcel from the homeland. I had been in Africa for almost

four years at that time, and I had never, ever received a parcel from home. Anyway, if anyone did send a parcel, who would put in a hot water bottle? I lived on the equator!

Halfway through the afternoon, while I was teaching in the nurses' training school, a message was sent that there was a car at my front door. By the time that I reached home, the car had gone, but there on the veranda was a large twenty-two pound parcel! I felt tears pricking my eyes.

I could not open the parcel alone; so, I sent for the orphanage children. Together we pulled off the string, carefully undoing each knot. We folded the paper, taking care not to tear it unduly. Excitement was mounting. Some thirty or forty pairs of eyes were focused on the large cardboard box.

From the top, I lifted out brightly colored, knitted jerseys. Eyes sparkled as I gave them out. Then, there were the knitted bandages for the leprosy patients, and the children began to look a little bored. Next, came a box of mixed raisins and sultanas—that would make a nice batch of buns for the weekend.

As I put my hand in again, I felt the ... could it really be? I grasped it, and pulled it out. Yes! "A brand-new, rubber hot water bottle!" I cried. I had not asked God to send it; I had not truly believed that He could. Ruth was in the front row of the children. She rushed forward, crying out, "If God has sent the bottle, He must have sent the dolly, too!"

Rummaging down to the bottom of the box, she pulled out the small, beautifully dressed dolly. Her eyes shone. She had never doubted! Looking up at me, she asked, "Can I go over with you, Mummy, and give this dolly to that little girl, so she'll know that Jesus really loves her?"

That parcel had been on the way for five whole months, packed up by my former Sunday school class, whose leader had heard and obeyed God's prompting to send a hot water bottle, even to the equator. One of the girls had put in a dolly for an African child—five months earlier in answer to the believing prayer of a ten-year-old to bring it "that afternoon!"

"And it shall come to pass, that before they call, I will answer; and while they are yet speaking, I will hear" (Isaiah 65:24 KJV).