

Do you feed your body but starve your soul?



YOU COULD FEED YOUR BODY AND LOSE YOUR SOUL, like the man in the Bible who stuffed his barns full of grain, only to have God say to him, “You fool! This very night your life will be demanded from you. Then who will get what you have prepared for yourself?” (Luke 12:16–21 NIV).

Having a full stomach and a full purse and a full head cannot give you a full heart. If you put the desires of the flesh above the needs of your spirit, then you will find that nothing ever satisfies. You will become as the world-famed British poet Lord Byron (1788–1824) when he said at the height of his fame, “I’ve drunk of every fount of pleasure and quaffed every cup of fame, yet, alas. I die of thirst!”

Just like you have to eat in order to have physical strength, you have to feed from God’s Word to have spiritual strength. You’ve got to feed your soul or you will never fully develop or mature spiritually. If you really want to grow in spirit, you will feed from the Word every day.

“Even though our outward man is perishing, yet the inward man is being renewed day by day” with the life-giving nourishment of His Words (2 Corinthians 4:16).