

One of the greatest healing factors is faith.



YOUR PHYSICAL STATE OF HEALTH is definitely dependent on your emotional state of health, and your emotional health is largely dependent on your spiritual condition. In fact, some doctors estimate that emotional causes contribute to as much as 90 percent of all illnesses.

Fear, tension, and hatred all produce various psychological and nervous diseases. Many physiological diseases like heart trouble, arthritis, and stomach ulcers can also be caused by worry, fear, bitterness, hatred, or a negative attitude toward life. Science has proved that all of these negative attitudes and feelings can cause an actual buildup of poisons in the body that in turn cause illnesses. In other words, the wrong state of mind can actually poison your body!

That is why faith is such a marvelous cure. Knowing that your heavenly Father loves you and is going to take care of you and yours—your health, your family, your future, your job, everything—eliminates fear and gives you peace of mind, contentment of heart, and a feeling of spiritual well-being that brings rest to your vital organs, and that in turn actually causes the elimination of poisons from your body. Simple faith in God's love is the best medicine there is!