

## You can pray all the time.



**G**OD'S WORD TELLS US THAT WE ARE TO "PRAY WITHOUT CEASING" (1 Thessalonians 5:17). You don't have to be down on your hands and knees praying frantically to be heard. Prayer is something you can and should be doing all the time, no matter what else you're doing—like thinking on your feet. You can be anointed and led by Him in anything you do. If you're thinking and praying about what you're doing and asking God for wisdom, He will give it to you (James 1:5).

Ask the Lord about *everything* before you do it. Make sure that's what He wants you to do. "In all your ways acknowledge Him, and He shall direct thy paths" (Proverbs 3:6). Stopping your activity and asking the Lord for His help shows your reliance on Him and brings a hush to your spirit. The Lord wants to be recognized, and He wants you to remember that you need Him.

*(Prayer:)* Keep us close to You, Lord, and help us to stay in the center of Your will, obedient and following You moment by moment. Every moment, keep our hearts right, our minds right, our motives right, and everything right with You. Amen.