

## Everything God has created is for our pleasure and our good.



**G**OD MADE ALL THE BASIC NECESSITIES OF LIFE PLEASURABLE—breathing, eating, sleeping, exercising, and loving. The Bible says that He created all things for His pleasure (Revelation 4:11 KJV), but He also created them for ours. God made life to be enjoyable, and he equipped us to enjoy it. He created our senses and the nerves that register pleasure. He gave us the gift of sight so we could look upon things that are pleasing to the eye, taste to be able to enjoy delicious food, hearing so we could listen to the beautiful sounds of nature and beautiful music, touch so we could feel pleasurable sensations, and smell so we could enjoy the lovely fragrance of a flower.

God created pleasure for our good, but some people have been taught that pleasure is sinful, that it's wrong to enjoy certain things that bring pleasure. According to the Bible, that's simply not so! Pleasure only becomes ungodly when it's not as God created it or intended for it to be used—when it's perverted, overindulged in, or put before Him and what He wants for us.

The rule of thumb is simple: Put God first in everything you do, and then you can enjoy all His goodness in full faith. All this and Heaven too!