

**“Take, eat; this is My
body, which is broken for
you” (1 Corinthians 11:24).**



THE BREAD USED FOR COMMUNION REPRESENTS JESUS’ BODY, which was broken for us in a number of ways—the crown of thorns, the beatings, the stripes, the injuries and pain He suffered. He didn’t have to suffer all that for our sins, He only had to shed His blood and die for our sins. But His body suffered so that through this, He could also atone for our sicknesses: “By His stripes we are healed” (Isaiah 53:5). To save *our* bodies, it took *His* body.

The best medicine in the world is the body of Jesus Christ, which was broken for our healing. When we partake of the bread, it shows we have faith that His body was broken for our health, so we can claim His healing by faith when we partake. If we eat of it by faith, we are healed by faith. It’s part of His atonement for salvation for the whole man—body, soul, and spirit.

(Prayer:) Thank You, Jesus, for the communion bread that represents Your body, which was broken for us and our physical health. As Your body was broken for our healing, so let us have faith to partake of it accordingly, in Your name we ask. Amen.