

Jesus has all the help you need to overcome your natural weaknesses.



EVERYONE HAS WEAKNESSES, and everyone makes mistakes. That's just part of life. We shouldn't resign ourselves to failure, though, and we shouldn't keep making the same mistakes; we should try to do better. The best thing to do with faults and failures and mistakes and weak areas is to recognize them, be honest about them, and then try to overcome them if we can.

The first step is to face the facts. If we can honestly admit our problems to ourselves, then we can fight them. The second step—and here is where the Christian is at a distinct advantage—is to be honest with the Lord about ourselves and ask for His help. We don't have to fight to overcome these things on our own. If we're willing to bare our souls to Jesus, He will step in and help us as only He can.

Another wonderful thing about this arrangement is that Jesus always offers us hope. He doesn't throw us out when we make mistakes. If He did, we'd all have been thrown out a long time ago because we all make so many mistakes. Instead, He tries to help us learn from our mistakes, tells us how to do better next time, and encourages us to try again.