

**You can't keep the birds  
from flying over your  
head, but you can keep  
them from building a nest  
in your hair.**



**T**HE DEVIL IS ALWAYS ON THE JOB, tempting us to disobey God. And though nobody can keep temptation from coming, we don't have to yield to temptation. God gives us enough sense by His Spirit to know the difference between what's right and what's wrong, what's good and what's bad, then He lets us choose. The Devil cannot prevent us from choosing. That's the one thing we can do no matter what the Devil does. We each have a will, and we can choose to ignore the Devil and resist his temptations. "Therefore submit to God. Resist the Devil and he will flee from you" (James 4:7).

It is impossible for the Devil to win over you unless you give in to him, for "He who is in you [Jesus] is greater than he who is in the world [Satan]" (1 John 4:4). The only way the Devil can win is if you quit, give up, give in, surrender, or stop fighting. As long as you keep fighting, you keep winning! So when the Devil tempts you to get down and discouraged—fight back! Put on the armor of God, that you may be able to withstand the Devil's attacks (Ephesians 6:10–17). Don't even listen to him, much less surrender!