

Introduction

What You Will Find in These Pages

The material in this Study Notes book has been selected to supplement the classes in the *12 Foundation Stones* course you are attending. Some of the material is a review of what is taught in class. Other material is new, although relevant to the subject of that particular class.

The Work Sheet

The first pages in each section are intended to help you focus on the content in that particular class. There are things for you to do here! Each work sheet contains several, or all, of the following sections.

Target:

What is the purpose of attending this class and reading this material? There are always many things to gain from a class, but there is one central target, something for you to aim for! This helps you understand the purpose for this particular class and what you should strive to achieve.

Key Verses:

These are key verses in relation to the subject of the class. We have generally chosen three verses per class. Try to memorize at least one and preferably all of these verses. If you memorize all of the suggested verses in this course, by the time you finish, you will have memorized approximately 75 Scriptures on a variety of subjects that will be a comfort, strength and help to you for the rest of your life!

Suggested Bible Reading:

To help you become familiar with the Bible, we suggest approximately 5–7 chapters that you could read, preferably one per day. These do not necessarily go along with the subject of the class, but have been selected to give you a good foundation in basic Biblical teaching. If you read every suggested chapter, by the time you finish the course, you will have read approximately 150 chapters.

Other Recommended Reading:

The books suggested complement the classes and the Study Notes. We do not repeat in the Study Notes the material that is found in these books, so try to obtain them if you can! (Details on how to obtain these books will be available from those teaching the classes.)

Prayer and Praise:

A written prayer of supplication or of thanks can sometimes help us better express what we want to tell the Lord. These are suggested prayers for you to pray to the Lord at least once. We hope they will also give you ideas as to how to word your own prayers.

Meditation:

To grow in our knowledge of the Lord and His ways, it is needful for each of us to take time prayerfully considering what we do, how we think, how we act upon what we learn, how we deal with others. The “meditation” is a short devotional passage for you to read and think about. It is not always on the main subject of the class.

Getting to know the Bible:

Here you can find short summaries of various books of the Bible and/or Bible studies on special subjects. This is provided to bolster your knowledge and understanding of the Bible. From this you will get more ideas of what to read, perhaps when you have finished the course, or concurrent with the classes. Understanding who wrote a book in the Bible and in which context can help to explain the verses you read in the classes.

Putting the Word into action:

This section is written to help you grasp, remember, and put into action what you learn in the class. Sometimes there is a short summary of the class or a list of Bible verses related to it so that you can easily review what you’ve learned. Sometimes there are ideas of how to put the class into action. Sometimes you’ll find a quiz.

Supplementary Reading Material

On these pages you’ll find extra material to read. Some of it you will recognize as a repeat of what you heard in class. This will enable you to study it over again. Some material is new but related to the subject of the class.—And some is additional interesting reading on other spiritual principles.

To Get the Most out of This Study Notes Book

- Read the recommended Bible chapters and other suggestions, as much as you have time for. We realize there is a lot of material to read through, and you might not have time for it all. Read as much as you can. You can always read more later on! (Tip: Check off what you do read, so you can go back later to read what you missed.)
- Concentrate on the section of the Study Notes that corresponds with the class you have most recently attended. Try not to read ahead.
- Go back over previous sections and re-read them when you have time.
- Look up the Scripture references. You may like to mark them in your Bible so you’ll have a handy review of the main lessons you’ve learned in the course.
- Ask your course teacher for help if there is something you do not understand.