

“Examine Yourself”

This questionnaire is between you and the Lord! We are passing this out so you can have a way of evaluating how much of the material we’ve covered in this course you have understood, remembered, and put into action. Have you reached the targets?

This “self-evaluation examination paper” is for you to keep. Nobody else is going to look at the answers. It’s to help you evaluate your own relationship with the Lord, and the answers are between you and Him!

1 Corinthians 11:28a—Let a man examine himself.

2 Corinthians 13:5a—Examine yourselves as to whether you are in the faith. Test yourselves.

► (Introduction) Introducing the 12 Foundation Stones

■ **Summary:** This class introduced the course to you, giving you an idea of what was coming.

Target: Get the vision for attending the 12 Foundation Stones Course!

Key verse: John 3:16—For God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish but have everlasting life.

1. Do you have Jesus in your heart? Y N

► (Class 1A) The Word of God, Part 1: Treasures New And Old

■ **Summary:** This class was meant to encourage you to read God’s Word! We learned about the importance and power of God’s Word upon which our faith is built. We also went over practical advice on how to develop good habits of having daily time reading the Word and getting the most you can from what you read.

Target: Read God’s Word!

Key verse: Romans 10:17—So then faith comes by hearing, and hearing by the Word of God.

2. Have you been reading the Word of God at least four times a week? Y N

3. Have you read through at least one of the Gospels? (Matthew, Mark, Luke or John) Y N

► (Class 1B) The Word of God, Part 2: Memorizing

■ **Summary:** During this class we looked at five key benefits we can gain from memorizing Scriptures. They include: (1) For your own spiritual strength and encouragement in the present—renewing your mind in Jesus. (2) God speaks to you through His Word that you have learned. (3) To help you share God’s Word with others. (4) For comfort and encouragement during dark days when a Bible may not be available. (5) As a spiritual weapon in your walk of faith. Then we discussed tips for how to memorize and how to retain what you learn.

Target: Memorize Scriptures!

Key verse: Psalm 119:11—Your Word I have hidden in my heart, that I might not sin against You.

4. Have you memorized at least 12 Bible verses since beginning the course? Y N

5. Have you reviewed the verses you memorized? Y N

► (Class 2A) The Holy Spirit, Part 1: Acts 1–4

■ **Summary:** In this class we studied Acts chapters 1 to 4, focusing on how the early disciples received the Holy Spirit and the difference it made in their lives. Through this, we saw that the Lord’s main purpose in giving us the Holy Spirit is to enable us to witness or share our faith with others. The changes they experienced, we can experience too!

Target: Be empowered by the Spirit!

Key verse: Acts 1:8a—But you shall receive power when the Holy Spirit has come upon you; and you shall be witnesses to Me.

6. Have you been filled with the Holy Spirit? Y N

7. Do you understand that the main purpose for the Holy Spirit is to empower us to share our faith with others? Y N

► (Class 2B) The Holy Spirit, Part 2: Gifts and Benefits

■ **Summary:** We learned about the benefits of the Holy Spirit and the nine gifts. The most common gifts are listed in 1 Corinthians Chapter 12: wisdom, knowledge, faith, healing, miracles, prophecy, discerning of spirits, other tongues and interpretation. These are all gifts from a loving Father to His children to help communicate understanding of Himself and His will, a sample of glorious realities to come! We also talked more about the importance of sharing our faith with others, as that is an essential part of Christian life.

Target: Understand the gifts and benefits of the Holy Spirit!

Key verse: Galatians 5:22–23a—But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control.

8. Have you prayed to receive any of the gifts of the Spirit? Y N

9. Have you told anyone else about your faith in Jesus? Y N

► (Class 3A) Prayer, Part 1: Principles and Practice

■ **Summary:** In this class we looked at how we can have a personal relationship with Jesus through prayer. We studied three principles of prayer: praise, petition, listening. Then we looked at how to receive answers to our prayers by following 12 steps: (1) Have a praiseful, thankful attitude. (2) Start with a clean heart. (3) Pray for God’s will to be done. (4) Put the needs of others ahead of your own. (5) Be specific. (6) Be wholehearted. (7) Exercise your faith. (8) Pray in the name of Jesus. (9) Claim God’s Word. (10) Refuse to doubt. (11) Count it done. (12) Thank God for answering.

Target: Get close to Jesus through prayer and praise!

Key verse: Matthew 7:7–8—Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you. For everyone who asks receives, and he who seeks finds, and to him who knocks it will be opened.

10. Have you been spending a few moments thanking the Lord for His blessings, at least once a day? Y N

11. Have you asked the Lord for any specific requests? Y N

► (Class 3B) Prayer, Part 2: Communicating with God

■ **Summary:** The first part of this class looked at our relationship with the Lord through prayer, and the importance of being close to Him. Then we examined the “prayer habit” and different ways to pray.

Jesus never fails! He will always answer when we stir ourselves to call upon Him with a whole heart. However, He does not always answer us right away, which sometimes tests our faith and draws us closer to Him in the spirit as we are driven to His Word to try to find some answers from what He has already said while waiting for more direct and specific answers in prayer. But if you stay close to Him, He’ll never fail you. He’ll never forsake you, He’ll never let you down. His delays

are not denials. Even though He may not always answer just the way we'd like, keep trusting Him and He'll never fail.

In the last part of the class we looked at praise and discussed the importance of thanking the Lord and fitting "praise time" into our daily schedules.

Target: Develop the praise and prayer habit!

Key verse: 1 Thessalonians 5:17—Pray without ceasing.

12. Have you been praying—talking to Jesus—at least once each day? Even a short time, to acknowledge Him in your life and/or to ask for His help? Y N

13. Have you received any answers to prayer? Y N

► (Class 4A) Hearing from Heaven, Part 1: How to Receive Prophecies

■ **Summary:** In this class we looked at the gift of prophecy and how God has used this gift throughout history to speak to His people. We looked at examples in the Bible that show how important prophecy has been for God's people, and then we looked at how the Lord still speaks today and would like to speak to us. We also discussed how to receive prophecies. (Some of you have probably experienced receiving the Lord's "living Word" since then.)

Target: Learn to use the gift of prophecy!

Key verse: Acts 2:17–18—And it shall come to pass in the last days, says God, that I will pour out of My Spirit on all flesh; your sons and your daughters shall prophesy, your young men shall see visions, your old men shall dream dreams. And on My menservants and on My maidservants I will pour out My Spirit in those days; and they shall prophesy.

14. Do you believe that the Lord still speaks today? Y N

15. Have you asked the Lord for the gift of prophecy? Y N

► (Class 4B) Hearing from Heaven, Part 2: Prophecy in Action

■ **Summary:** In this class we learned how to judge whether a prophecy is from the Lord, and how to interpret (understand) the messages we receive. We looked at how you can tell if a prophecy is truly inspired by God. Jesus told us to judge by their fruits. We also examined some warnings about false prophecy, and more advice on how to receive and interpret prophecies.

Target: Get your guidance and inspiration from the Lord through prophecy!

Key verse: Proverbs 3:5–6—Trust in the Lord with all your heart, and lean not on your own understanding; In all your ways acknowledge Him, and He shall direct your paths.

16. Have you ever received a message from the Lord, either through a prophecy, hearing His voice in your heart, through a vision or a dream? Y N

17. The last time you were faced with a difficult decision, did you ask the Lord about it? Y N

► (Class 5A) The Golden Rule, Part 1: Success with People

■ **Summary:** Love is the principle that should guide our relationships with others. Jesus told us, "Love your neighbor as yourself." We looked at the Golden Rule (Matthew 7:12), and then how to put it into action it by following "Ten tips for getting along with people": (1) Speak to people, (2) smile, (3) address people by their name, (4) be friendly and helpful, (5) communicate, (6) be concerned, (7) be generous with praise, encouragement and appreciation, (8) be genuinely interested in the feelings of others, (9) avoid arguments, (10) be alert to give service.

Target: Be loving!

Key verse: *Matthew 7:12—Therefore, whatever you want men to do to you, do also to them, for this is the Law and the Prophets.*

18. Have you made an effort to be more loving and kind to those around you? Y N

19. Have you found any improvement in your relationships with your friends, family, and colleagues? Y N

► (Class 5B) The Golden Rule, Part 2: Love Is the Answer

■ **Summary:** Jesus gave us two commandments on which He said hang all the law and the prophets: Love God, and love your neighbor as yourself. This is the Law of Love. In this class we looked at ways that we can put love into action in our daily lives by reaching out to the needy. We also looked at where the strength to love comes from—the Lord!

Target: *Love others!*

Key verse: *Matthew 22:37–40—Jesus said to him, “You shall love the Lord your God with all your heart, with all your soul, and with all your mind.” This is the first and great commandment. And the second is like it: “You shall love your neighbor as yourself.” On these two commandments hang all the Law and the Prophets.*

20. Have you read 1 Corinthians 13? Y N

21. Have you gone out of your way to help someone else at least once in the past month? Y N

► (Class 6A) Bible Knowledge, Part 1: Know the Book

■ **Summary:** In this class we looked at four reasons we should study the Bible, which include: (1) For our own benefit and spiritual growth. (2) To get closer to the Author and to know His mind. (3) For the sake of our witness to others. (4) To know the future: The Bible tells us what’s going to happen!

Then we went through the main divisions of the Bible, looking briefly at the contents of each book. Our faith was built up by taking a brief look at fulfilled prophecies and archaeological discoveries that confirm the Bible’s veracity.

Target: *Get to know the Bible!*

Key verse: *2 Timothy 2:15—Be diligent to present yourself approved to God, a worker who does not need to be ashamed, rightly dividing the word of truth.*

22. Have you been generally following the suggested reading plan in this course? Y N

23. Do you know, by and large, the order of the books of the Bible? Y N

► (Class 6B) Bible Knowledge, Part 2: Prophets and People

■ **Summary:** Fulfilled prophecies about Jesus build our faith, and that’s where the class began. The prophecies we looked at included some aspects of His life that were predicted specifically: Born of a virgin, born in Bethlehem, triumphal entry into Jerusalem, His betrayal, His crucifixion, His burial, His resurrection, the exact year of His crucifixion, and the destruction of Jerusalem after His coming.

Then we looked at some of the heroes of the Bible (Moses, David, Paul) and saw how despite their mistakes and imperfections, the Lord used them. The lesson we can gain from this is that the Lord can use us too! Even if we feel inadequate, the Lord knows that we can follow the principles of His Word and He can use us, in spite of our weaknesses!

Target: *Follow Bible principles!*

Key verse: *John 8:31,32—If you abide in My Word, you are My disciples indeed. And you shall know the truth, and the truth shall make you free.*

24. Have you read anything from the Bible (or in these classes) that motivated you to do something more or different than you have been doing already? Y N

25. When you read the Bible, do you look for ways to apply what you’re reading to your life? Y N

► (Class 7A) Bible Prophecy, Part 1: Daniel Two—A Picture of Past and Future

■ **Summary:** In this class we studied Daniel Chapter 2, which gives us an account of God’s view of history and the future. The fact that much of Daniel 2 has already been fulfilled is a foundation stone for our faith that the future prophecies will also come to pass!

Target: Know that it is the Endtime!

Key verse: Daniel 2:44—*And in the days of these kings the God of Heaven will set up a kingdom which shall never be destroyed; and the kingdom shall not be left to other people; it shall break in pieces and consume all these kingdoms, and it shall stand forever.*

26. Have you read anything further about the Endtime, from the Bible or any other publications? Y N

27. Do you believe that God can reveal the future to His prophets? Y N

► (Class 7B) Bible Prophecy, Part 2: Signs of the Times

■ **Summary:** We studied Matthew 24, in which Jesus described the signs that we should look out for that indicate He will return soon. Some of the signs He warned us to look out for: Deceivers; Falling away from faith; Wars and rumors of wars; Civil wars (nation against nation); Famines; Pestilences; Earthquakes and other natural disasters; Persecution of God’s people; Love of many growing cold; Gospel preached in all the world; One World Government; false Christs and false prophets.

We discussed some of the ways these signs are being fulfilled in the present day, which is why we believe that we are living in the “Time of the End.” We also looked briefly at what we can expect to happen once He returns.

Target: Watch for the signs of the times!

Key verse: Matthew 24:29–31—*Immediately after the tribulation of those days the sun will be darkened, and the moon will not give its light; the stars will fall from heaven, and the powers of the heavens will be shaken. Then the sign of the Son of Man will appear in heaven, and then all the tribes of the earth will mourn, and they will see the Son of Man coming on the clouds of heaven with power and great glory. And He will send His angels with a great sound of a trumpet, and they will gather together His elect from the four winds, from one end of heaven to the other.*

28. Are you more aware of the significance of current events to the Endtime? Y N

29. Can you name at least three “signs of the times”? Y N

► (Class 8A) The Greatest Love, Part 1: The Love of Jesus

■ **Summary:** In this class we looked at the length, height, depth, and breadth of the love of Jesus for each of us personally. We experienced together the joy of the Lord through singing to Him and hearing about the different aspects of His love. Of course, when we looked at the subject of “God’s great love for you” we could only explore some of the many facets of the love of God. This was not a complete inventory of every way that He shows us love, but even the relatively few examples we talked about are wonderful!

Some key thoughts from this class: Jesus calls us His friends. Jesus loves each of us personally, and cares about us as individuals. He holds our hands. He holds us in His arms. He is always with us! Jesus hears our cries and answers our prayers. The Lord not only listens, but talks to us too, as a faithful Counselor. He carries our burdens. He comforts us. He strengthens us. We can depend upon His help. In Jesus we find peace. He takes care of our needs. He brings solutions to our problems. He wants us to be happy. He works things out for our benefit. Through Jesus we receive forgiveness. He came to save us and give us eternal life! His love is unchanging and never-ending.

Target: Get closer to Jesus and know His love and salvation!

Key verse: Romans 8:38–39—*For I am persuaded that neither death nor life, nor angels nor principalities nor powers, nor things present nor things to come, nor height nor depth, nor any other created thing, shall be able to separate us from the love of God which is in Christ Jesus our Lord.*

30. Are you convinced that Jesus will keep on loving you, no matter what mistakes you make? Y N

31. Do you enjoy taking a little time with Jesus, talking and/or singing to Him, and letting Him speak to you? Y N

► (Class 8B) The Greatest Love, Part 2: Eternal Salvation

■ **Summary:** In this class we studied Eternal Salvation and saw how we received Salvation by grace. Salvation means an eternity in Heaven with the God of love! We didn't earn our salvation, it was a free gift for us! But Someone did pay for it, and that was Jesus. When Jesus died on the cross in our place, He fulfilled the old Law. Jesus' death ended the Mosaic Law and ushered in the era of grace. Salvation is forever. We didn't work for it in the first place, and we cannot lose it by anything we do or do not do. We also looked at the consequences of sin for the saved. Being saved does not mean that we can do whatever we want! Although we can't lose our salvation, there are other consequences.

During this class we also learned about the meaning of the Lord's Supper, Communion.

Target: *Understand that salvation is forever!*

Key verse: Ephesians 2:8–9—*For by grace you have been saved through faith, and that not of yourselves; it is the gift of God, not of works, lest anyone should boast.*

32. Are you sure that you are saved and will spend eternity in Heaven? Y N

33. Do you understand that your salvation is a gift of God, not something that you worked for? Y N

► (Class 9A) Heaven, Part 1: What It's Like

■ **Summary:** We looked at the reward that the Lord has in store for the saved—Heaven, our wonderful Home for eternity. We had some glimpses of Heaven, through reading what the Bible says about it and also through the accounts of people who have had Near Death Experiences (NDEs). Of course, when we're thinking of the beauties of Heaven, the very best to look forward to is the presence of the Lord and our saved loved ones! We also discussed our responsibility to let people know about Heaven.

Target: *Anticipate our Heavenly future!*

Key verse: John 14:2–3—*In My Father's house are many mansions; if it were not so, I would have told you. I go to prepare a place for you. And if I go and prepare a place for you, I will come again and receive you to Myself; that where I am, there you may be also.*

34. Have you been encouraged by the description of Heaven? Y N

35. Have you ever told anyone how they can be saved and go to Heaven? Y N

► (Class 9B) Heaven, Part 2: Now and Forever

■ **Summary:** We learned more about what life is like in Heaven and what our resurrected bodies will be like. In the second part of this class we looked at our "heavenly co-workers"—the "cloud of witnesses" who surround us. Heaven is a busy place, and those already living there are often busy helping us here on Earth. One way they help is by speaking to us. We looked at Bible examples of those who deliver prophecies and learned about communication in the heavenly realm.

Those of us who have received Jesus are guaranteed a place in Heaven; yet the rewards we will receive upon arrival are dependent upon what we do in this life. We discussed the challenge to prepare for Heaven by doing more for others and for the Lord.

Target: *Lay up rewards in Heaven!*

Key verse: John 11:25–26—*Jesus said to her, "I am the resurrection and the life. He who believes in Me, though he may die, he shall live. And whoever lives and believes in Me shall never die."*

36. Do you have peace that your life is in the Lord's hands and He'll keep you here as long as He knows best? Y N

37. Are you aware that we are surrounded by a "cloud of witnesses" who help, guide and encourage us? Y N

► (Class 10A) Witnessing, Part 1: Seven Steps

■ **Summary:** As believers, we have a responsibility to witness to others and give them the chance to receive Jesus as their Savior. This is what the Lord expects us to do. We should desire to share the wonderful gifts of God's love, His joy, His eternal Salvation, with those we care about, as well as with strangers. In this class we looked at "Seven Steps of Witnessing," taking it from the starting line of finding someone to witness to, all the way through to leading them to the Lord and then taking care of them. The Seven Steps are: (1) Find someone to witness to! (2) Ask questions. (3) Listen! (4) Give them God's answers. (5) Get a decision. (6) Take care of those you lead to the Lord. (7) Pray for people.

Target: Learn how to witness!

Key verse: Mark 16:15—And He said to them, "Go into all the world and preach the gospel to every creature."

38. Do you pray for your loved ones and others, that they will receive the Lord? Y N

39. Do you ever give out tracts or other literature? Y N

► (Class 10B) Witnessing, Part 2: Getting Results

■ **Summary:** In this class we looked at more advice about how to witness, how to use varied methods for getting the message across, and how to be successful in your witnessing. Then we spent some time "trying out" how to witness by using Scriptures to answer typical questions.

Target: Lead people to Jesus!

Key verse: Proverbs 11:30—The fruit of the righteous is a tree of life, and he who wins souls is wise.

40. Have you ever prayed with someone to receive Jesus as his or her Savior? Y N

41. Do you have any tracts or literature with you right now? Y N

► (Class 11A) Overcoming Problems, Part 1: Three Steps to Victory (Part 1)

■ **Summary:** We all face battles of one type or another: Our own mistakes and shortcomings; spiritual attacks from outside; physical problems such as health and support. The Lord has the answers and solutions, and if we will use what we know from the Word, we can win victories! In this and the following class, we went over "Three Steps to Victory."

Step 1: IDENTIFY THE PROBLEM: a) Ask the Lord about your problem. b) Read the Word. c) Recognize the spiritual warfare. d) Accept your responsibility. e) Seek Godly counsel. Ask others to pray with you.

Step 2: FIND THE SOLUTION: a) Pray and ask the Lord for help! b) Confess your sins to the Lord and, if necessary, to others. c) Take a stand against your problems. Don't give up! d) Be positive. e) Praise the Lord. Keep cheerful!

Step 3: MOVE ON! a) Recognize the lessons and grow. b) Keep your eyes on Jesus, not yourself. c) Trust the Lord that He knows best. d) Forget yourself and help others. Use lessons to help others. e) Patiently wait on the Lord

Target: Identify your problems and win victories!

Key verse: Hebrews 12:1b—Let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us.

42. When you face a problem—sickness, material lack, or a mistake—do you ask the Lord to help you? Y N

43. When something goes wrong, do you look to see what lessons you can learn from it, and ask the Lord for His forgiveness if you are at fault? Y N

► (Class 11B) Overcoming Problems, Part 2: Three Steps to Victory (Part 2)

■ **Summary:** We finished up the “Three Steps” and then spent some time discussing the importance of establishing a daily habit of quiet time with the Lord and the strength and comfort we can derive from this.

Target: Keep the victory!

Key verse: Romans 8:28—*And we know that all things work together for good to those who love God, to those who are the called according to His purpose.*

44. Have you made an effort to praise the Lord, even when things were not going well? Y N

45. Have you found ways to help others with the lessons you’ve learned? Y N

► (Class 12A) Going God’s Way, Part 1: What Are the Standards?

■ **Summary:** God’s ways are often different to those of society. We looked at some examples of different standards, comparing God’s ways as described in the Word, and the world’s. The aim was to help us all evaluate our habits, modes of recreation and way of living according to God’s standards.

Target: Understand God’s ways!

Key verse: Colossians 3:2—*Set your mind on things above, not on things on the earth.*

46. Do the music you prefer to listen to, and the TV programs and movies that you watch, encourage you and leave you feeling uplifted? Y N

47. Do you apologize to someone you have wronged? Y N

► (Class 12B) Going God’s Way, Part 2: What Is His Will?

■ **Summary:** We started by looking at “God’s will for you.” We should desire to please the Lord, and we should seek His will both for ourselves and our possessions. We’re going to be wonderfully rewarded for doing His will, even though it is not always easy and we may face opposition.

We know God’s general will through the Word we’ve studied over the past months. How do we find out specifics that apply to ourselves, and how do we make the best decisions? In the second part of the class we studied “Seven ways to know the will of God”: (1) The Word. (2) The Voice of the Word. (3) Revelations. (4) Advisors and Counselors. (5) Circumstances and Conditions. (6) Personal desires. (7) “Fleeces.”

Target: Find what God’s will is for you!

Key verse: Psalms 143:10—*Teach me to do Your will, for You are my God; Your Spirit is good. Lead me in the land of uprightness.*

48. Have you given money or materials to help the needy or God’s work at least once in the past month? Y N

49. Do you desire to tell others about Jesus? Y N

50. Do you want to do God’s will? Y N

► Keep your score to yourself!

We’ll give you a minute now to tally up your score—but just keep it to yourself. No one should compare with others as it really is just between you and the Lord.